

# yoga in the rockies

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yoga rockies:reviews

## **Inventing Time by Joseph Brenna**

Reviewer: *Nick Dayley from Boulder, CO*

Grassroots fave Joseph Brenna—who played primarily electric guitar prior to this—proves to be a talented and innovative solo acoustic guitarist. Inspired by his healing and meditation practice, Brenna's fresh, flowing melodies are intertwined with poignant guitar fills (improvisations within a larger score). *Inventing Time* incorporates country blues and ragtime, Spanish, Middle Eastern and classical styles. The result? A powerfully earthy sound that delights—whether you're practicing yoga at home, preparing dinner or contemplating the meaning of life.

Available on [whatarecords.com](http://whatarecords.com) and [amazon.com](http://amazon.com). For more info: [josephbrenna.com](http://josephbrenna.com). 10% of proceeds goes to Surmang Foundation, which work to rebuild Tibet's environment, economy, culture and health.



Three Warriors out of five  
"acoustic delights"

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